

# Richard L. Sudsberry, MA, L.M.F.T, L.M.H.C, D.A.B.F.C, Certified Attachment Therapist Resume

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## **Educational Background**

B.S. May, 1970, Evangel College, Springfield Missouri  
Double Concentration Psychology/Sociology

M.A. May, 1972, University of Illinois at Springfield, Springfield, Illinois  
Psychology

## **Membership**

American Mental Health Counselors Association  
Clinical Member American Association of Marriage & Family Therapists  
Diplomat of the American Association of Forensic Counselors  
American Association of Christian Counselors

## **Licensure**

Marriage and Family Therapist, Indiana  
Mental Health Counselor, Indiana

## **Current Position**

Full time  
01/1984 to present

President/CEO  
Sudsberry & Associates Community Counseling Center

Counseling, teaching, and consulting services  
Bonding and Attachment Work, School, Agency, Corporate Consulting

## **Counseling**

05/1970 to present

Illinois Department of Children and Family Services,  
Carlinville, IL;  
Sangamon State University (part time),  
Springfield, IL;  
Family Service Center of Sangamon County,  
Springfield, IL;  
Blackburn College (part time),  
Carlinville, IL;  
Macoupin County Mental Health Center (part time)  
Carlinville, IL;  
Family Service Association,  
Indianapolis, IN;  
Cummins Mental Health Center,  
Danville, IN;  
Christian Counseling Associates, Inc.,  
Indianapolis, IN;  
Community Counseling Center, Inc.,  
Indianapolis, IN  
Individual, Group, and Family Therapy  
Bonding and Attachment treatment

**Supervisory/  
Administrative**  
09/1972 to present

Family Service Center of Sangamon County,  
Springfield, IL;  
Family Service Association,  
Indianapolis, IN;  
Cummins Mental Health Center,  
Danville, IN;  
Christian Counseling Associates, Inc.,  
Indianapolis, IN;  
Sudsberry & Associates Community Counseling Center, Inc.  
Avon, IN.

Responsibilities performed include recruitment, supervision, and evaluation of assigned personnel.  
Each setting had involvement in program development, including the establishment of programmatic goals and the seeking out of resources (funding and staff) to deliver those programs.

**Teaching**  
01/1974 to 01/1984

Blackburn College,  
Carlinville, IL;  
Lincolnland Community College (part time),  
Springfield, IL;  
University of Indianapolis (part time),  
Indianapolis, IN.

Taught introduction to Psychology, Personality, Social Psychology, Motivation, Tests and Measurements, Pre-Clinical and Counseling Psychology, and Assertiveness in Supervision.

**Publications**  
05/1982

“Parent Education During the Transition Into Parenthood:  
Developing Stronger Programs Through Cooperation and Collaboration”. A chapter being included in a book entitled *Family Strengths IV* published by **University of Nebraska Press**

06/1982

“Family Enrichment For New Parents”. A parenting series for new parents. The focus is on developing a new infant as well as changes in the husband-wife relationship because of the addition of the child. Published by **Purdue University Home Extension Services**.

01/1999

Self published manual “Leading Children Who Won’t Follow, Managing Parents Who Don’t Support”, seminar materials for educators, as well as “Therapeutic Play Activities for the Classroom” includes 40 hands on activities for use at school.

07/2001

Book: *Relationship Parenting “Raising secure children in an insecure world”*. Parenting book that focuses on the key ingredients in need meeting that develops security in children.

## **Special Work Experiences**

**Board of Directors**  
03/1980 to 12/1983

Big Brothers of Indianapolis, IN  
Served on the volunteer board of this not-for-profit Corporation.  
Special areas of involvement on this board include Agency Services Committee,  
and the Area Development Committee

03/2000 to 01/2002

Sheltering Wings (Women's Shelter) Danville, IN  
Participated in early development of new center. Included, building new facility,  
hiring initial staff and executive directors.

**Chairperson Elect,  
Indiana Consultation  
and Education Committee**  
11/1981 to 09/1982

Assist Chairperson of Consultation and Education Committee for the St  
State of Indiana. This is a program committee of the Indiana Council of  
Mental Health Centers.

**Chairperson Indiana  
Consultation and  
Education Committee**  
09/1982 through 12/1993

Chairperson of Consultation and Education Committee  
for the State of Indiana, Council of Mental Health Centers.

### Radio Programs

11/1974 to 08/1975

Co-host of a weekly radio program in Springfield, IL.  
Program discussed mental health and family topics each week for one-half hour.  
Sponsored by a Springfield church.

1989 through 1992

*Reflections on Christian Living.* A weekly program on Indianapolis radio station  
WXIR. The focus was on strengthening personal and family living.

### Videos

01/1984

"Before the Vows" A pre-marriage series for couples.

02/1999

"Leading Children Who Won't Follow, Managing Parents Who Don't Support."  
A video seminar for grade school and middle school educators.

## **EDUCATIONAL PROGRAMS PRESENTED AND CONSULTATION FOR PROFESSIONALS**

1978 Indiana University School of Social Work. Division of Continuing Education, "Family Life Education:  
Training for Group Leaders", Indianapolis, IN

Indiana Conference on Social Concerns, "Family Life Education as a method of Primary Substance Abuse  
Prevention", and "Methods of Intervention to Assist the Single Parent Family", Indianapolis, IN

- 1979 Catholic Social Service of Gary, IN “Staff Training in Family Life Education”, Gary, IN  
Indiana Pre-School Administrators Conference, “Parent Education in the Pre-School”, Purdue University, West Lafayette, IN
- 1980 State Convention of Baptists, in Indiana, Pastor’s Retreat, “Counseling and Referral in Family Problems”, Hiland Lakes, IN
- 1981 Symposium on Family Life, “Extended Family Relationships After Divorce” and “Building Parental Credibility: The Wicked Stepmother and Other Parental Stereotypes”, Purdue University, West Lafayette, IN  
Region V Mental Health Consultation and Education Conference, “Marriage Enrichment for New Parents: A Family Development Model of Program Building”, Elkhart, IN
- 1982 Program Consultation and Staff Education: “Training in Marketing and Providing Consultation and Education Services”, Cass County Mental Health Center, Cassopolis, MI
- 1983 Central Indiana Chapter American Society for Training and Development, “Women Working Wisely”. A stress workshop for professional women in the workplace. Indianapolis, IN
- 1985 Public Service Indiana, Stress and Safety Meeting “Presentation of Self and Effects on Work Relationships”. Plainfield, IN  
Ellettsville Baptist Church, “Coping with Adolescent Suicide”. Ellettsville, IN  
Central Christian Church “Communication in Marriage”. Carmel, IN  
Central Indiana Christian Ministers Association Conference McCormick’s Creek State Park, “Stress and Ministry Families”  
Purdue University, Conference on Remarried Families “Support and Adjustment in Remarried Families”, West Lafayette, IN  
Festival of the Family; conference on aspects of Family Experience and Relationships. Main speaker and workshop presenter, West Lafayette, IN
- 1986 Marriage Enrichment for Couples: Weekend Retreats, Plainfield Christian Church, Chapel Rock Christian Church & Ellettsville Christian Church
- 1987 Marriage Enrichment for Couples: Weekend Retreats, Plainfield Christian Church, Chapel Rock Christian Church, & Hope Presbyterian Church  
Parent Seminar; Plainfield Christian Church, Quaker Friends Meeting
- 1988 Marriage Enrichment for Couples: Weekend Retreats, Plainfield Christian Church & Westlake Community Church of God, Indianapolis, IN  
Symposium on Family Life, “Hurried Children Coping with Stress”  
Purdue University, West Lafayette, IN

- 1989 Seminars for City of Indianapolis employees, “Stress Management and Communication Skills”, Indianapolis, IN  
 “Moral Development in Children”, Plainfield Christian Church, Plainfield, IN  
 Indianapolis area Preschool Cooperative, Indianapolis, IN. “The effects of children on marriage”
- 1990 Marriage Enrichment for Couples: Weekend Retreats - Plainfield Christian Church & Ellettsville Christian Church, Plainfield & Ellettsville, IN
- 1991 Jr. High Youth Convention, “Communication with Adolescents”, Indianapolis, IN
- 1993 “Parent Seminar”, Center Friends Church, Plainfield, IN  
 “The Search for Significance: Reframing Self-Worth”, Brownsburg Christian Church, Brownsburg, IN  
 “Moral Development in Children”, Plainfield Christian Church, Plainfield, IN
- 1995 “Discipline with Hard to Control Children”, Hamilton County, ChHAD Organization, Carmel, IN  
 Couple Communication, Avon, IN
- 1997 “Raising Streetwise, but Innocent Children”, Brownsburg Christian Church, Brownsburg, IN  
 “Communication with Co-workers”, Analytical Surveys Incorporated, Indianapolis, IN  
 “Lay Counseling Training using para-professionals in the Church” 24-hour course taught to church members for leading groups in their home congregations. Mt Zion Community Church, Heritage Lake, IN
- 1998 “Leading Children Who Won’t Follow, Managing Parents Who Don’t Support”, Columbus and Cincinnati Ohio
- 1999 “Leading Children So They Will Follow”, Plainfield and Bourbon, IN. Parent education session for parents, (Attachment, effective challenge, structure and nurturing in relationships.)  
 Recovery from Divorce and Loss, Westlake Community Church of God, Indianapolis, IN  
 Indiana Counseling Convention, Indianapolis, IN. Workshop presenter “Leading Disruptive Students through Attachment based play”  
 “Leading Children Who Won’t Follow, Managing Parents Who Don’t Support”, Ft. Wayne, IN, Indianapolis, IN, Toledo, OH, Bourbon, IN, Center Grove, IN
- 2000 “Relationship Parenting – Leading Children So They Will Follow”, Brownsburg Schools and Brownsburg Christian Church – Brownsburg, IN  
 “Controlling Aggressive Children”, Brownsburg Schools – Brownsburg, IN  
 “Relaxation for the Harried Teacher”, Brownsburg Christian Church Day Care – Brownsburg, IN  
 “Managing Aggressive Children”, Brownsburg Christian Church Day Care – Brownsburg, IN

- “Using Structure/Challenge/Nurturing Processes to Eliminate Acting Out”, Brownsburg Christian Church Day Care – Brownsburg, IN
- 2001 “Therapeutic Play in the Classroom”, Brownsburg Christian Church Day Care, Brownsburg School Corporation and The Kids Zone – Brownsburg, IN
- “Dealing with Parental Stress”, Plainfield Kindergarten Center – Plainfield, IN
- “Leading Older Children Who Don’t Follow”, Clark Pleasant Middle School – Whiteland, IN
- “Leading Children Who Don’t Follow, Clark Pleasant Elementary School – Whiteland, IN
- “Therapeutic Play in the Classroom”, Brownsburg School Corporation - Brownsburg, IN
- “Managing Difficult Parents”, Brentwood Elementary – Plainfield, IN
- “Behavior Management in the Classroom, Brownsburg Christian Church Day Care – Brownsburg, IN
- “Leading Children Who Won’t Follow, Managing Parents Who Don’t Support”, Maplecrest Elementary School – Kokomo, IN
- “Communication and Interaction”, Brownsburg School Corporation – Brownsburg, IN
- “First Time Marriage Retreat”, Brownsburg Christian Church – Brownsburg, IN
- “Managing Difficult Parents”, St. Malachy Parish School – Brownsburg, IN
- “Who Are We and How We Relate” (marriage retreat), Westlake Community Church of God – Indianapolis, IN
- “Pulling It All Together”, Brownsburg Christian Church Day Care – Brownsburg, IN
- “Managing Difficult Adults / Tolerance Training” Kokomo Center School Headstart Program – Kokomo, IN
- “Dealing with Difficult Children”, Mill Creek Schools – Clayton, IN
- “Dealing with Difficult and Intimidating Parents”, Hinkle Creek Elementary – Noblesville, IN and Carmel Junior High School – Carmel, IN
- “Student Management and Difficult Parent” (transportation personnel), Avon School Corporation – Avon, IN
- “Dealing with Difficult Children” (transportation personnel), Mill Creek School Corporation – Clayton, IN
- “Class Management”, Brownsburg School Corporation – Brownsburg, IN
- “Marriage Class”, Brownsburg Christian Church – Brownsburg, IN
- “Lifestyle of Parents”, Lots of Tots – Brownsburg, IN
- “Classroom Management”, Brownsburg School Corporation – Brownsburg, IN
- “Problem Solving and Conflict Resolution with Employees”, JF Molloy & Assoc. – Indianapolis, IN
- “Leading Children Who Don’t Follow, Managing Parents Who Won’t Support”, Embassy Suites North and Adam’s Mark Hotel – Indianapolis, IN
- “Advanced Marriage Retreat”, Brownsburg Christian Church – Brownsburg, IN
- “Substance Abuse in the Workplace”, JF Molloy & Assoc. – Indianapolis, IN

- “Relationship Parenting – Leading Children So They Will Follow”, Christ’s Church at Georgetown – Fort Wayne, IN
- “Facilitating Attachment with Foster Children”, Indiana Foster Care and Adoption Association, Inc. – Indianapolis, IN
- 2002 “Diversity Training for Bus Drivers”, Whitelick Elementary – Brownsburg, IN
- “The Listening Seminar”, JF Molloy – Indianapolis, IN
- “Relationship Parenting: Leading Children so They Will Follow”, La Leche League of Indiana - Lebanon, IN
- “Understanding and Identifying Attachment Issues”, Sheltering Wings – Indianapolis, IN
- “Dealing with Difficult Parents”, Lots of Tots – Brownsburg, IN
- “Relationship Parenting”, Mt. Pulaski Christian Church – Mt. Pulaski, IL
- “Managing Difficult Parents”, Decatur Township Early Childhood Center – Indianapolis, IN
- “Leading Children Who Won’t Follow”, Decatur Township Early Childhood Center – Indianapolis, IN
- “Children Dealing With Divorce”, Brownsburg Christian Church – Brownsburg, IN
- “Beginners Marriage Seminar”, Brownsburg Christian Church – Brownsburg, IN
- “Identifying and Referring a Troubled Employee”, JF Molloy – Indianapolis, IN
- “Assertive Communication in Supervision”, JF Molloy – Indianapolis, IN
- “For the Love of Kids”, Statewide Parenting Seminar – Convention Center – Indianapolis, IN
- “Anger Management Seminar”, JF Molloy – Indianapolis, IN
- “Problem Solving and Conflict Resolution”, JF Molloy – Indianapolis, IN
- “Relationship Parenting”, Westlake Church of God – Indianapolis, IN
- “The Angry Child”, Brownsburg Christian Church – Brownsburg, IN
- “Building a Better Marriage”, Speaking for MOPS at Mt. Gilead – Mooresville, IN
- 2003 “What It is Like Owning Your Own Business”, Covington High School – Indianapolis, IN
- “Thrive By Giving Your Students Godly Counsel”, Greenwood Christian Church - Greenwood, IN
- “Working with Bonding and Attachment Kids” Indiana Counseling Association, Indianapolis, IN
- “Marriage Enrichment Week-end”, Westlake Community of God – Indianapolis, IN
- “Advanced Marriage Seminar”, Brownsburg Christian Church – Nashville, IN
- “Dealing with Difficult Employees” J F Molloy and Company
- “Relationship Parenting”, Indiana Counseling Convention @ The Westin Hotel – Indianapolis, IN
- “Diversity in the Workplace”, J F Molloy – Indianapolis, IN

“Building Unity, Creating a Community & Learning”, Kokomo Head Start – Kokomo, IN  
 “Boundaries to Recovery”, Greencastle Christian Church – Greencastle, IN  
 “Dealing with Difficult People”, Carmel Clay Schools @ The Village of West Clay – Carmel, IN  
 “Time Management”, J F Molloy – Indianapolis, IN  
 “Parenting Seminar” New Hope Christian Church  
 “Search for Significance”, Carmel Clay Schools Professional Learning Academy, Carmel, IN  
 “Search for Significance”, The Church @ Mt. Gilead – Mooresville, IN  
 “Secure Parents Creating Secure Children”, La Leche League  
 “Parenting”, The Church @ Mt. Gilead – Mooresville, IN  
 “Leadership Styles”, J F Molloy – Indianapolis, IN  
 “Building A Marriage”, Avon United Methodist Church – Avon, IN  
 “Managing Difficult Parents”, IYIS  
  
 2004 Staff Training Sheltering Wings Women’s Shelter – Indianapolis, IN  
 Reactive Attachment Training - Hancock Co Office of Child Services– Greenfield, IN  
 “Building A Marriage”, Avon UMC, Avon, Indiana  
 “Discipline with Children”, Plainfield Kindergarten Center – Plainfield, IN  
 Reactive Attachment Training - Boone Co. Welfare Office – Lebanon, IN  
 “Dealing with Children in the Classroom”, Lakeview Christian Center – Indianapolis, IN  
 Reactive Attachment Training - Choices/Dawn Project – Indianapolis, IN  
 Child Welfare Presentation – Tippecanoe Office of Child Services Lafayette, IN  
 Question and Answer Time for Parents - Kids Court Radio Show  
 “Anger Management”, Hendricks County Jail – Danville, IN  
 “Play Therapy Symposium”, U of Indianapolis - Indianapolis, IN  
 Reactive Attachment Training - LDS Family Services  
 Staff Training - Crestview Elementary/Lawrence Township – Indianapolis, IN  
 “Reactive Attachment Disorder”, Putnam County Department of Child Services  
 Reactive Attachment Training - Bethany Christian Services  
 Kids First Adoption Seminar, Indianapolis, IN  
 New Hope Christian Church - Seminar for Single Parents – Clayton, IN  
 33<sup>rd</sup> Annual Adoption Forum – Holiday Inn, Columbus, IN  
 Dealing with Difficult Parents, Carmel Clay School Corporation - Carmel, IN

Cornerstone Christian Church Parenting Seminar - Brownsburg, IN

INSSWA Annual Conference - Indianapolis, IN

Crestview Elementary School; Year Long Weekly Training for Staff and Teachers 2004/2005 – Indianapolis, IN

2005 Presentation for Kid First Adoption – Indianapolis, IN

Lay Counseling Training for The Church at Mt. Gilead in Mooresville, IN

Westlake Community Church of God Presentation – Indianapolis, IN

Monthly Support Group for Adoptive Parents at Kids First Adoption – Indianapolis, IN

Crestview Elementary School; Year Long Weekly Training for Staff and Teachers 2005/2006 – Indianapolis, IN

Deer Run Elementary School; Year Long Training for Staff and Teachers 2005/2006 – Indianapolis, IN

Amy Beverland Elementary School; Year Long Training for Staff and Teachers 2005/2006 – Indianapolis, IN

Keynote Speaker and workshop presenter for the Indiana Adoption Conference in Indianapolis, IN