

Biographical Information

Rick Sudsberry, MA, LMFT, LMHC, DABFC
Certified Attachment Therapist

- Married, 36 years
- Two married children, two grandchildren
- Masters Degree in Psychology, University of Illinois, Springfield
- Child, Adolescent, Adult Clinical Therapist, 34 years
- Currently operate an attachment therapy outpatient treatment program and marriage counseling practice
- Specialize in work with attachment disturbed children who:
 - Are aggressive and controlling
 - Control their world by withdrawing
 - Become perfectionistic or worry-some
 - Have high attention needs, are restless, with limited impulse control
- Present seminars throughout the mid-west and speak for local school districts and individual schools.
- An invited speaker to state conferences on children and principals conferences.
- A former college instructor at two different universities.
- Published a parenting program with a co-author and faculty members from Purdue University. Co-authored a chapter in the book "Family Strengths IV", University of Nebraska Press.
- Have self-published two manuals for educators:
 - Leading Children Who Don't Follow
 - Therapeutic Play Activities for the Classroom
- Self-published a parenting book entitled "*Relationship Parenting – raising secure children in an insecure world*".
- (In process) A book to be entitled "*Communicating in Difficult Moments, and With Difficult Children*."

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